



# Zazen Morning

Saturday 22 July 2023

- |       |   |
|-------|---|
| 8:15  | Zazen – kinhin – zazen – kinhin – zazen |
| 10:00 | Coffee/tea                              |
| 10:45 | Zazen                                   |
| 11:15 | Ceremony                                |
| 11:30 | Clean-up                                |
| 12:00 | Meal                                    |

Contribution: 15 euros (12 euros reduced rate)

Only by registration: [info@zendojoleuven.be](mailto:info@zendojoleuven.be)

**Komyodo Zenboeddhistisch Centrum Leuven**

[www.zendojoleuven.be](http://www.zendojoleuven.be)