

Zazen Morning

Saturday 2 dec 2023

7:45	Zazen – kinhin – zazen – ceremony
9:00	Genmai (ceremonial breakfast)
9:30	Samu
10:15	Coffee/tea
11:30	Zazen
12:00	End

Contribution: 10 euros

Registration necessary: info@zendojoleuven.be

Komyodo Zenboeddhistisch Centrum Leuven

www.zendojoleuven.be