

# Zen Buddhist Retreat

4-5 May 2024

With the Zen Monk  
Yushin Christophe Guillet

Location:  
Verblijfscentrum Heiberg  
Kessel-Lo

Registrations:  
[info@zendojoleuven.be](mailto:info@zendojoleuven.be)

Zenboeddhistisch Centrum Leuven  
[www.zendojoleuven.be](http://www.zendojoleuven.be)

# Practical info – Zen Buddhist Retreat

*4-5 May 2024*

*Verblijfscentrum Heiberg, Kapellekensweg 2, 3010 Kessel-Lo*

You can **register** via email: [info@zendojoleuven.be](mailto:info@zendojoleuven.be)

Your registration is final after payment of your full **contribution (100 € or 85 € social rate)**. Please make your payment before Monday, 29 April, at::

Zenboeddhistisch Centrum Leuven vzw  
IBAN: BE47 7340 1530 4080  
BIC: KREDBEBB

Two nights and the meals are included.

Arrival is on Friday afternoon 3 May, starting from 17h. The end is foreseen on Sunday afternoon, after clean-up.

For newcomers, an **initiation** in zazen is proposed either on Saturday morning 29 April, Wednesday evening 1 May or Friday evening 3 May.

Teaching will be given in French, translation into **English** is foreseen.

More info about Komyodo: [www.zendojoleuven.be](http://www.zendojoleuven.be)

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