

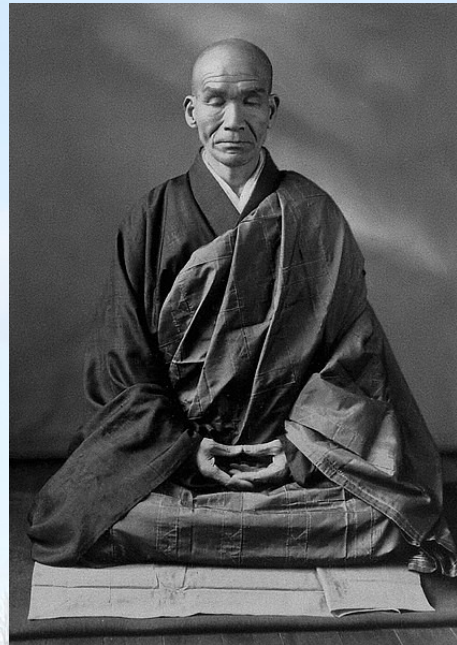
Discovery Day Zen Buddhism

Saturday 28 September 2024

Saturday 19 October 2024

13:30-17:00

- ◆ Initiation in zazen (zen meditation)
- ◆ Zazen (15 min)
- ◆ Presentation
- ◆ Testimonials by practitioners
- ◆ Zazen (15 min)



Registrations: info@zendojoleuven.be
Contribution 15 euro

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