

Zen Buddhist Retreat

16-17 November 2024

With the Zen Nun
Yasho Valérie Guéneau

Sint-Pauluscentrum
Rotselaar

Registrations:
info@zendojoleuven.be

Komyodo
Zenboeddhistisch Centrum Leuven
www.zendojoleuven.be

Practical info – Zen Buddhist Retreat

16-17 November 2024

Location: Sint-Pauluscentrum, Galgenstraat 36, 3110 Rotselaar

Please **register** via email: info@zendojoleuven.be

Your registration is final after payment of your full **contribution: 120 €** (or 95 € social rate). Please make your payment before Monday, 11 November, at::

Zenboeddhistisch Centrum Leuven vzw

IBAN: BE47 7340 1530 4080

BIC: KREDBEBB

Two nights and the meals are included.

Arrival is on Friday afternoon 3 May, starting from 17h. The end is foreseen on Sunday afternoon, after clean-up.

For newcomers, an initiation in zazen is proposed either on Wednesday evening 13 November or Friday evening 15 November.

Teaching will be given in French, translation into **English** is foreseen.

On the programma, among others:

- Zazen (zen meditation)
- Buddhist ceremonies
- Teachings, questions and answers
- Samu (daily tasks in the spirit of zazen)

More info about Komyodo:
www.zendojoleuven.be

Komyodo Zenboeddhistisch Centrum Leuven vzw

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