

Samu Weekend: 11-13 April

Friday 11 April

- 7h15 Zazen - ceremony
- 8h00 Informel breakfast
- 8h30 Samu
- 10h00 Coffee
- 10h30 Samu
- 12h00 End

Participation is free
(breakfast, coffee and
pastries on Sunday
included).

Saturday 12 April

- 8h30 Zazen - ceremony
- 9h15 Samu
- 12h00 Coffee / end

You can choose to
participate in one or
more sessions.

Sunday 13 April

- 10h00 Zazen – ceremony
- 10h45 Samu (finishing)
- 12h30 Pastries
- 13h30 End

Let us know at the
following address:
info@zendojoleuven.be

