

Introduction to Zazen

For people with physical disabilities



Monday 2 June & Monday 30 June - 19:00
Tervuursestraat 71/3 - Leuven

- 19:00 Introduction to zazen (zen meditation)
- 19:30 Zazen
- 19:45 Testimonial by a practitioner
- 20:00 Presentation on a retreat for persons with physical disabilities in November 2025

Participation is free
Registration is required: info@zendojoleuven.be



www.zendojoleuven.be

v.u. ZBCL vzw nr. 0.836.905.409 – RPR Leuven

In collaboration with:

