

# Samu day

## Saturday 13 June 2026

### Program:

- 9:00 - Zazen
- 10:30 - Samu
- 12:30 - Lunch
- 13:30 - Samu
- 15:00 - Coffee break
- 15:30 - Samu
- 17:00 - End

Participation is free (excl. lunch)

You can choose to participate in one or more parts of the day

Confirm your presence:  
[info@zendojoleuven.be](mailto:info@zendojoleuven.be)

[www.zendojoleuven.be](http://www.zendojoleuven.be)  
Zen Buddhist Centre Leuven Komyodo  
Tervuursestraat 71/3 - 3000 Leuven

