

Zen Buddhist Discovery Retreat

14-16 November 2025
Hotel Middelpunt, Middelkerke
Met Taiun Jean-Pierre Faure



Open for everyone
Specifically accessible
for people with
physical disabilities

www.zendojoleuven.be

Komyoda

Komyodo Zenboeddhistisch Centrum Leuven

vu vzw nr 0836905409, RPR Leuven



Zen Buddhist Discovery Retreat

The retreat is open to anyone wishing to discover Zen Buddhism. Special attention is paid to welcoming and accommodating people with physical disabilities.

Zazen

The central activity of the retreat is zazen. This practice is done cross-legged on a cushion, but equally well on a bench or in a wheelchair. During zazen, in silence and immobility, we calm our mental activity and return to unity with reality.



Ceremony of entry into the Way

At the end of the retreat, there will be a traditional ceremony where those who wish to do so can receive the Buddhist precepts and thus enter the family of Buddha.

Teaching

The teaching will be given by Zen master Taiun Jean-Pierre Faure, Abbot of Kanshoji Zen Monastery in France.



Practical information

Address: Hotel Middelpunt,
Westendelaan 37, 8430 Middelkerke.

The hotel is specially equipped for people with physical limitations and has adapted rooms with nursing care if required. Between each activity, the necessary time is set aside for nursing care and transportation.

Registrations: info@zendojoleuven.be

Contribution: €190. A reduction of 15 to 30% is possible by agreement. Your registration is final after payment to IBAN account: BE47 7340 1530 4080 (name: ZBCL vzw).



Arrival on Friday 14/11 from 17:00. Departure on Sunday 16/11 around 15:30. Teaching will be in French, with translation into English and/or Dutch.