

# Zen Buddhist Retreat

**May 8-10, 2026**

With the Zen Monk Jifu Olivier Pressac

Registration:

[info@zendojoleuven.be](mailto:info@zendojoleuven.be)

Sint-Pauluscentrum – Rotselaar

**Komyodo Zen Buddhist Centre of Leuven**

[www.zendojoleuven.be](http://www.zendojoleuven.be)

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# Practical information

8-10 May 2026  
Sint-Pauluscentrum  
Galgenstraat 36, 3110 Rotselaar

You can register by email: [info@zendojoleuven.be](mailto:info@zendojoleuven.be)

Your registration is final upon receipt of full payment of the fees  
(€135, reduced rate: €100).

Please make the payment before Monday 4 May, at:

Zenboeddhistisch Centrum Leuven vzw

IBAN: BE47 7340 1530 4080

BIC: KREDBEBB

Accommodation for two nights and meals are included.

Welcome on Friday 8 May from 17:00. Expected end on Sunday  
afternoon at 15:30.

For newcomers, an introduction to Zazen is planned for Wednesday  
evening 6 May, or Friday evening 8 May.

The program includes: zazen (Zen meditation), ceremonies,  
teachings, question and answer sessions, and samu (daily tasks in  
the spirit of zazen).

The teachings are in French, with translation into English.

**Komyodo Zenboeddhistisch Centrum Leuven vzw**

Tervuursestraat 71/3, 3000 Leuven

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